

# NEW PATIENT HEALTH HISTORY

*Welcome to Living Well Chiropractic!*

## PATIENT INFORMATION

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Preferred Name: \_\_\_\_\_ Referred by: \_\_\_\_\_  
Occupation: \_\_\_\_\_ DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age: \_\_\_\_\_  
Cell Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_ Home Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_  
Marital Status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed  
Home Address: \_\_\_\_\_ City: \_\_\_\_\_ Zipcode: \_\_\_\_\_  
Email address: \_\_\_\_\_ SSN: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
Spouse's Name: \_\_\_\_\_ Spouse's Health Status: \_\_\_\_\_  
Have you even been under chiropractic care? ☐ Yes ☐ No

## EMERGENCY CONTACT

Emergency Contact First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Best Phone #: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_  
Email address: \_\_\_\_\_

## FAMILY HISTORY

Family Members – Present and past health conditions (Example: heart disease, cancer, diabetes, arthritis, etc.)

---

---

---

---

---

## INSURANCE

**Primary Insurance Name:** \_\_\_\_\_ **Policy # :** \_\_\_\_\_  
**Group # :** \_\_\_\_\_ **Phone #:** ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_  
**Policy Holder:** ☐ Patient - or - Policy **Holder Name:** \_\_\_\_\_  
**DOB:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_ **Relationship to Patient:** \_\_\_\_\_  
**\*If an auto accident, please provide:**  
**Insurance Company Name:** \_\_\_\_\_ **Contact Person:** \_\_\_\_\_  
**Phone :** \_\_\_\_\_ **Claim #:** \_\_\_\_\_

## HISTORY OF PRESENT ILLNESS

Please mark on the body diagram where you are experiencing the following symptoms:

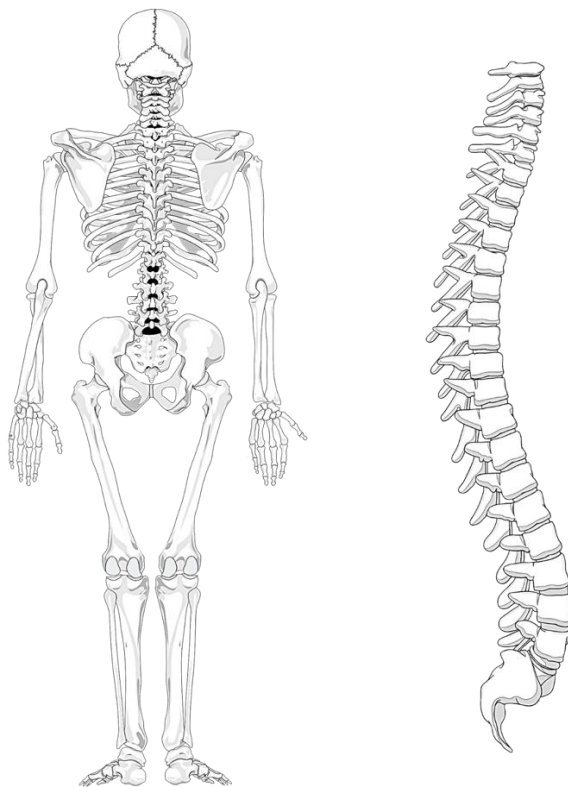
N = Numbness

B = Burning

S = Stabbing

T = Tingling

A = Dull Ache



## CURRENT COMPLAINTS

Nature of Injury: ☐ Automobile ☐ Work ☐ Other

What is the level of your pain (1-10) \_\_\_\_\_

**Reason for your visit:**

---

---

---

When did your symptoms begin? \_\_\_\_\_

How often do you experience symptoms? \_\_\_\_\_

Does the pain radiate? ☐ Yes ☐ No

Describe the nature of your symptoms: ☐ Sharp ☐ Dull ache ☐ Numb ☐ Shooting ☐ Burning ☐ Tingling  
☐ Stabbing ☐ Other: \_\_\_\_\_

What treatment have you already tried for your condition? ☐ Medication ☐ Surgery ☐ Physical Therapy  
☐ Chiropractic Services ☐ None ☐ Other: \_\_\_\_\_

Are you currently under the care of a primary healthcare provider or any other doctor? ☐ Yes ☐ No

If yes: Provider's Name: \_\_\_\_\_ ☐ PCP ☐ Specialty: \_\_\_\_\_

Phone Number: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_ Date of last visit: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Date of last spinal imaging: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ ☐ XR ☐ CT ☐ MRI ☐ Bone Scan ☐ No recent imaging

Anything else you would like your care team to know about? \_\_\_\_\_

---

---

**PAST MEDICAL HISTORY** *please check all that apply*

- |   |   |   |   |
|---|---|---|---|
| <input type="checkbox"/> AIDS/HIV           | <input type="checkbox"/> Emphysema                | <input type="checkbox"/> High blood pressure  | <input type="checkbox"/> Parkinson's disease  |
| <input type="checkbox"/> Alcoholism         | <input type="checkbox"/> Epilepsy, seizures       | <input type="checkbox"/> High cholesterol     | <input type="checkbox"/> Pneumonia            |
| <input type="checkbox"/> Allergy shots      | <input type="checkbox"/> Fractures (broken bones) | <input type="checkbox"/> Liver disease        | <input type="checkbox"/> Prostate problems    |
| <input type="checkbox"/> Anemia             | <input type="checkbox"/> Glaucoma                 | <input type="checkbox"/> Lupus                | <input type="checkbox"/> Rheumatoid arthritis |
| <input type="checkbox"/> Arthritis          | <input type="checkbox"/> Goiter                   | <input type="checkbox"/> Measles              | <input type="checkbox"/> Stroke               |
| <input type="checkbox"/> Asthma             | <input type="checkbox"/> Gonorrhea                | <input type="checkbox"/> Migraines, headaches | <input type="checkbox"/> Thyroid problems     |
| <input type="checkbox"/> Bleeding disorders | <input type="checkbox"/> Gout                     | <input type="checkbox"/> Mononucleosis        | <input type="checkbox"/> Tonsillitis          |
| <input type="checkbox"/> Bronchitis         | <input type="checkbox"/> Heart disease            | <input type="checkbox"/> Multiple sclerosis   | <input type="checkbox"/> Tuberculosis         |
| <input type="checkbox"/> Cancer             | <input type="checkbox"/> Hepatitis                | <input type="checkbox"/> Osteoporosis         | <input type="checkbox"/> Other: _____         |
| <input type="checkbox"/> Diabetes           | <input type="checkbox"/> Herniated disc           | <input type="checkbox"/> Pacemaker, ICD       | <input type="checkbox"/> Other: _____         |

**CURRENT LIFESTYLE AND HEALTH STATUS**

Do you exercise? ☐ Never ☐ A few days per week ☐ Daily Comments: \_\_\_\_\_

Work activity: ☐ Mostly sitting ☐ Sitting and standing ☐ Light physical labor ☐ Heavy physical labor

Smoking: ☐ Light ☐ Moderate ☐ Heavy Comments: \_\_\_\_\_

Alcohol: ☐ Light ☐ Moderate ☐ Heavy Comments: \_\_\_\_\_

Caffeine: ☐ Light ☐ Moderate ☐ Heavy Comments: \_\_\_\_\_

Any recent injuries? ☐ Dislocation ☐ Head injury ☐ Broken bone ☐ Fall ☐ Other: \_\_\_\_\_

List any medications, vitamins, supplements: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List any allergies: \_\_\_\_\_

\_\_\_\_\_

**ASSIGNMENT AND RELEASE OF INSURANCE BENEFITS**

Name of Insured: \_\_\_\_\_

I understand and agree that health/accident insurance policies are an arrangement between an insurance carrier and myself. I understand and agree that all services rendered to me and charged are my personal responsibility for timely payment. I understand that if I terminate my care/treatment, any fees for professional services rendered to me will be immediately due and payable.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Representative Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Print Representative Name: \_\_\_\_\_ Relationship: \_\_\_\_\_